

Five Finger Model Full-Value Contract Model:

- Pinkie: **Safety**, emotional, mental and physical
- Ring Finger: **Commitment**, to the group and the process
- Middle Finger: **Respect**, the opposite of the rest of the world, it reminds us that respect is at times difficult, but very important
- Pointer: **Accountability**, when we point at others, we have three fingers pointing back at us, be sure to take ownership over your actions and your part of the community
- Thumb: Once we have the other four in our grasp, we can begin to have **Fun**